

# Grant County Extension Service

**16 Trees – 48 Volunteers – 80 Hours Volunteered**

## Carla Hardy WV Project CommuniTree Planting at Grant Memorial Hospital

**Healthy trees, healthy communities—this project supported both!**

It took a while for Project Leader Alex Coffman with the Grant County Extension Service to find a suitable planting location for their CTree Kit.

After a bit of searching, she finally found the perfect location—Grant Memorial Hospital.

The tree planting took place on Thursday, November 8 along the front entrance to Grant Memorial Hospital.

The hospital maintenance crew dug the holes before volunteers arrived with an augur rented from Central Tie & Lumber in Petersburg.

Alex Coffman and another extension service staff member picked up and

delivered the trees to the planting site.

In total, there were 17 adults and 29 youth that participated in the event to help plant the 16 trees.

Species planted included 6 American linden, 6 northern red oak, and 4 kwanzan cherry trees.

A photographer/reporter from the Grant County Press was present to take pictures at the event for a story she published in the paper.

One of the main benefits of trees is that they help make communities healthier by providing clean air and recreational opportunities that support a healthy lifestyle.



WV is one of the least healthy states in the country, leading the nation in rates of obesity, diabetes, and hypertension.

By planting trees, the hospital has created healthy lifestyle opportunities & cleaner air for Grant County residents.

We're breathing a sigh of relief (and clean air) that this project turned out so wonderfully!

### A word from the Project Leader, Alex Coffman:

*"I enjoyed seeing the kids have fun putting the stakes, pushing the soil around, getting their hands dirty, etc. It was also nice to see the final product that looked well put together despite lots of small children helping."*



For more information, contact the Urban Watershed Forester at [ctree@cacaponinstitute.org](mailto:ctree@cacaponinstitute.org) or by calling 540-335-0687.